





## WELCOME TO CAKES FOR APES

## WE THINK YOU'RE AMAZING!

This Ape-ril, supporters around the world will be baking cakes to raise money for our orangutan rescue project and we're so happy you will be joining them!

Cakes for Apes is a huge baking event, with people all over the world joining with friends, family and colleagues to raise funds to help save the orangutan. Whether it's a cake sale at work or at your local social club, or a tea party with friends and family, we want your fundraising to be lots of fun for everyone!

We hope this pack provides lots of ideas and inspiration on how you can get involved but if you have

any questions at all, please just get in touch, we would love to hear from you and help support your event in any way we can.

Our work is funded entirely by people like you. Your support is vital if we are to meet the challenge and save this amazing species before it's too late!

Bake and share some delicious home-made cakes with friends, family and colleagues – in exchange for a small donation – and be a part of the fight to save one of our closest cousins from the brink of extinction!

We hope you're as excited as we are to be involved – together, we can take action and make a real and lasting difference for this amazing species.

THANK YOU!

Cakes for Apes is a global mass participation baking event. Throughout the month of April, people of all ages will organise bake sales and tea parties to raise awareness of and funds for orangutans in support of our project in West Borneo. There are so many ways to get involved, that we really feel that everyone can be a part of our amazing community of bakers. In this pack you will find ideas and inspiration to get you started! So.... Get baking, go wild, raise money and SAVE ORANGUTANS!

### **GET BAKING**

Time to put your favourite cookbooks to good use!
There are also thousands of delicious recipes available online for free. If you've no time for baking, no one has to know if you buy them from the shop... we won't tell if you don't!

### **GO WILD**

We want you to have lots of fun whilst raising money for our rescued orangutans, so why not get all your friends and family together and host an ape-tastic tea party! Or spread some joy and make your colleagues smile by bringing some cakes into the office and asking for a small donation. If you're part of a community or social group like a choir or sports club, you could host a cake sale at one of your meet ups!

### RAISE MONEY

Once you have raised the money from your Cakes for Apes event you can donate it to us online, over the phone or by post. Take a look at the last page of this booklet for all the details you need!

### SAVE ORANGUTANS

The money you raise will help us continue our life-saving work, rescuing orangutans from unimaginable suffering, giving them all the love and care they need, and then releasing them back into protected national parks.

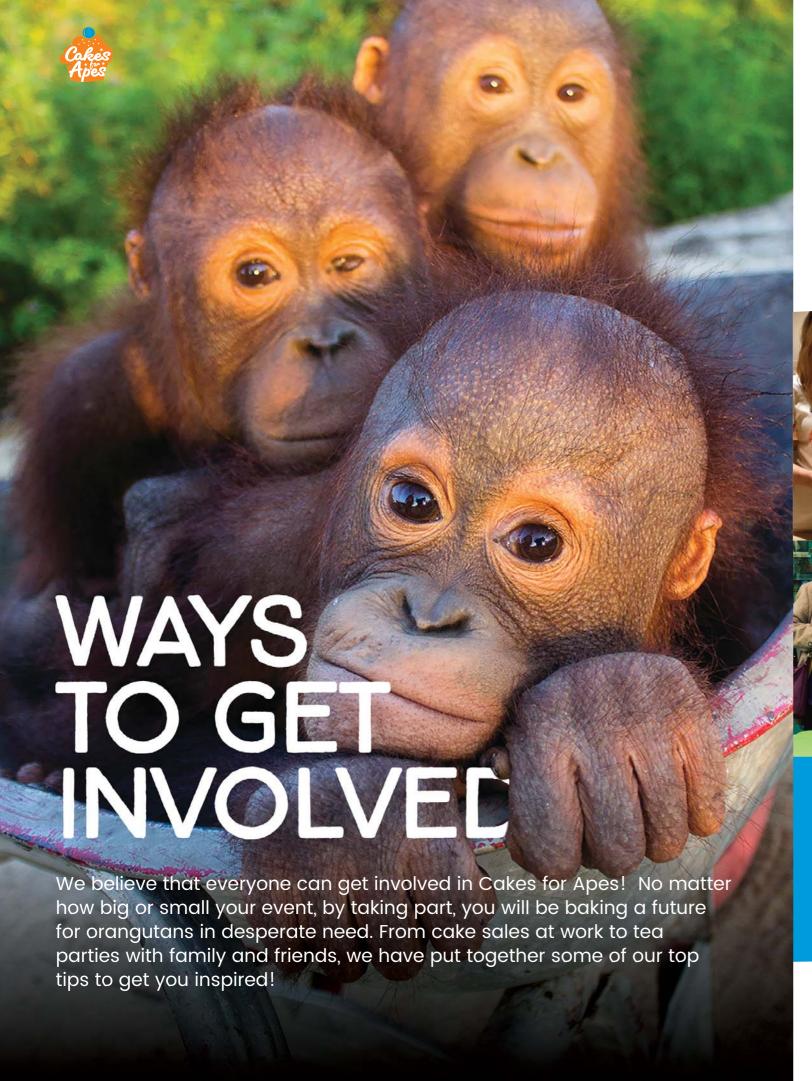
Amazing people like you are the reason Critically Endangered orangutans can have hope for the future.

### C

### **KEEP IT GREEN!**

We urge everybody taking part in Cakes for Apes to ensure that their fundraising is as nvironmentally friendly as possible.

We encourage the use of locally sourced, natural, sustainable and fair trade ingredients in all cakes baked. And why not send your invites by email to cut down on paper?



### **CAKES FOR APES AT WORK**

Why not bake some goodies and take them into work?
You could simply leave them on a table in a communal
area and ask people to leave a little donation whenever
they take a treat!

Or, if your office likes a bit of competition, why not host an office bake off! Each day a different member of staff has to bring in a cake which is judged by the others taking part. The best cakemaker could win a prize! Everyone can donate to take part or make a donation to try a slice of the competing cakes.

If you do organise an office Cakes for Apes sale, it's worth asking your workplace if they will match what you raise. A number of companies have a special budget for charitable giving and could be willing to double whatever you manage to raise.



### CAKES FOR APES AT HOME

Invite your friends over for a cup of tea or coffee and a slice of cake in return for a small donation! Getting a group of friends together for a catch-up can be a lot of fun, and the cake can be totally guilt free as every slice will be helping us care for orangutans.

Cakes for Apes is also a great way to start telling your children or grandchildren about orangutans. The younger generation is our only hope for the future survival of the species so i is incredibly important that we teach them to be passionate about this extraordinary animal.

Getting your children involved with Cakes for Apes can be a really fun activity for all the family and raising vital funds to save orangutan lives can feel hugely rewarding!



### CAKES FOR APES IN YOUR LOCAL COMMUNITY

Are you part of a choir? Knitting group? Drama society? Book club? If so, then why not consider adding a Cakes for Apes event to one of your meet ups! It could be as simple as bringing a few baked goods along to share and asking for a small donation. No matter what you raise, it will make a huge difference! You could also consider holding a cake sale in your town market or local community centre.

### CAKES FOR APES AT SCHOOL

Taking part in Cakes for Apes at school can be a fun way of getting students engaged in issues such as the plight of the orangutan, endangered species and rainforests.

The younger generation are our future hope for the survival of the orangutan and we are incredibly passionate about inspiring them to take action for their Critically Endangered cousins.

Holding a Cakes for Apes cake sale in your school canteen or break area can raise vital awareness and funds for orangutans. Our Cakes for Apes fundraising pack includes a poster template which can be printed and put around your school to let everyone know where and when you will be selling cakes! Getting a group of friends together to take part can be a lot of fun and a great way of getting your school involved in something amazing!



### RECRUIT A LOCAL CAFÉ

Do you have a favourite coffee shop or café? We would love it if you could help us spread the word by asking them to get involved! You could suggest your favourite café:

- Creates a special 'Cakes for Apes' goody (gingerbread orangutan? Cupc-apes?) and then donate a percentage of the profits
- Chooses a cake they already sell (a banana bread for example!)
   and for the month of April donates a certain percentage of the profits
- · Has a jar to collect donations for the month of April



# FEARNE COTTON'S CHOCOLATE RASPBERRY TART

from 'COOK EAT LOVE' by Fearne Cotton (Orion 2017)



### For the pastry:

- 250g White spelt flour
- 120g Coconut oil
- 1 tbsp Maple syrup
- 1 tbsp Sunflower oil, for greasing
- 1/4 tsp Sea salt (fine)

### For the filling:

- 300g Coconut cream
- 1/4 tsp Vanilla extract
- 80g Coconut palm sugar
- 300g Dark chocolate broken into small pieces
- 50 g Coconut oil
- 150g Raspberries



"I'm delighted to be donating my chocolate tart recipe to support International Animal Rescue's Cakes for Apes! IAR does fantastic work rescuing orangutans and other suffering animals. I hope lots of people will use my recipe to get baking and raise vital funds for their life-saving work!"

### Method

- 1. Preheat the oven to 200°C/180°C fan/400°F/ Gas mark 6 and grease a 22cm round springform cake tin with a few drops of sunflower oil.
- 2. To make the pastry, sift the flour and salt into the bowl of a food processor. Add the coconut oil and blitz until it resembles fine breadcrumbs. Add the maple syrup or honey and 1½–2 tablespoons of water and bring the dough together with your hands until it is in a smooth ball. If it is still crumbly, add a few drops of water at a time, being careful not to overdo it. Flatten the ball, wrap in cling film and refrigerate for 30 minutes until well chilled but still pliable.
- **3.** Once the pastry has chilled, roll it out between two sheets of floured cling film and use it to line the tart tin. If using coconut oil, you may find the pastry falls apart more easily. If this happens, simply press the pastry directly into the tin, making sure the base and sides are smooth and even with no cracks. Cover and chill in the freezer for 10 minutes. Prick the base of the pastry all over with a fork, line with parchment paper, fill with dry rice or baking beans and blind bake for 20 minutes. Remove the paper and rice or beans and bake for a further 5 minutes until the tart shell is cooked through and biscuity.
- **4.** To make the filling, put the coconut cream, vanilla extract and sugar in a pan and set over a medium-high heat. Bring to a boil, then reduce the heat immediately and stir until the sugar has dissolved.
- 5. Put the dark chocolate pieces and coconut oil in a bowl and pour over the simmering coconut cream mixture. Whisk until the chocolate and coconut oil have melted and come together into a smooth ganache. Pour the mixture into the tart shell and leave to cool, then cover and place the tart in the fridge for at least 3 hours or until very well chilled and set.
- **6.** Serve the tart with the raspberries tumbled on top and a dusting of cocoa powder, if you like.





Thank you for taking part in Cakes for Apes! If you need any help or have any questions, please do get in touch, we would love to hear from you. You can email us at:

fundraising@internationalanimalrescue.org or you can call us on +44 (0)1825 767688









### FUNDRAISE | DONATE | SUPPORT

www.internationalanimalrescue.org





Come along to my Cakes for Apes event!

Event details:

Where:

When:

Contact:







### **FUNDRAISE | DONATE | SUPPORT**

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### HELP ME RAISE VITAL FUNDS



delicious food to a starving orangutan



could plant and protect two trees in areas of destroyed rainforest



life-saving dying orangutan

